# SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

# SAULT STE. MARIE, ONTARIO



# **COURSE OUTLINE**

**COURSE TITLE:** Professional Growth IV

CODE NO.: NURS3066 SEMESTER: 6

**PROGRAM:** Collaborative Bachelor of Science in Nursing

**AUTHOR:** Lori Matthews and Lucy Pilon

**DATE:** Dec. 2012 **PREVIOUS OUTLINE DATED:** Jan. 2012

**APPROVED:** "Marilyn King" Jan. 2013

CHAIR, HEALTH PROGRAMS DATE

CHAIR, HEALTH PROGRAMS TOTAL CREDITS: 3

**PREREQUISITE(S):** NURS2057 and NURS3056

HOURS/WEEK: 3

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### I. COURSE DESCRIPTION:

This course focuses on empowerment. Utilizing concepts from Professional Growth I, II, and III, learners will explore ways of empowering self, clients, families, and communities. PREREQ: NURS 2057 or 2916 (NURS 3056 for generic students). (lec 3) or 3

### **COURSE OVERVIEW:**

In this course the effects of social, political and economic structures on health and life potential will be examined. Relationships of dominance and unequal participation in society will be explored within the context of feminist and critical social theory. Presentations will be used to analyze health within the broader framework of society. Students will engage in dialogue with one another and reflect critically with respect to their own oppressive environments and those of their clients. Strategies of social action that influence change from oppression to empowerment will be examined.

### II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

### **Ends-in-View**

Exploring the concepts of empowerment, power, and powerlessness.

Exploring feminist theory: critique and process.

Exploring critical social theory.

Exploring personal meanings concerning empowerment in both personal and professional life.

Exploring selected current health issues for women, minorities, and marginalized groups.

Exploring selected strategies for advocacy, social action, and change.

#### **Process**

The intent of this course is to examine health issues within a holistic framework, which considers the individual, the community and society. Two theoretical frameworks (feminist and critical social theory) will be used for analysis of specific health issues. Written and verbal critical analysis and commentary on the impact of social, economic, and political structures on health are key components of the course. The student will also apply knowledge gained in other nursing courses to particular health issues and demonstrate a comprehensive and integrated understanding of health assessment as it involved issues of empowerment.

### III. TOPICS:

- 1. Empowerment; oppression; marginalization
- 2. Power inequalities which predominate in our society
- 3. Feminist theory
- 4. Critical social theory
- 5. Health care inequalities
- 6. Nurses as an oppressed group
- 7. Social and political activism: strategies that promote change and social action
- 8. Student presentations in relation to an oppressed and/or marginalized group

### IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Articles listed under "Required Reading" for each learning activity can be accessed using online databases.

Learners are expected to utilize the literature extensively in relation to assignments.

There is no required text for this course; links to resources will be provided in the on-line classroom.

### V. EVALUATION PROCESS/GRADING SYSTEM:

- 1. Paper: Personal meaning and the conceptual analysis of empowerment (30%)
- 2. Midterm test (20%)
- 2. Group Assignment (50%). See course syllabus for details about this assignment. In the event that there are issues within a group concerning unequal contribution in fulfilling one or more facets of the group assignment, the course professor reserves the right to make a final determination of marks based on input from the entire group.

### V. EVALUATION PROCESS/GRADING SYSTEM:

The school policy on written assignments applies to all assignments unless otherwise stated. APA 6<sup>th</sup> ed. format is required. Students may lose up to 10% of the total possible mark for poor form and writing style. It is expected that students who have experienced difficulties with writing competency in past courses will seek assistance before submission of papers.

One hard copy of assignments must be submitted.

A second copy of specific assignments (as identified by the course professor or in the course syllabus) must also be submitted electronically via the online classroom to SafeAssign. See policy related to assignments in the Student Handbook related to lateness and scholarly format.

If, for personal reasons, you are not able to meet the deadlines, it is your responsibility to contact the course professor <u>prior</u> to the due date. If an extension is granted, you are required to document your situation and request in writing, and submit this request to the course professor within two days of the original request. *Extensions will not be granted on the day that the assignment is due.* 

\*Note: there will be a 10% daily deduction associated with all extensions granted unless a medical certificate is submitted with the request.

The following semester grades will be assigned to students:

<u>Grade</u>	<u>Definition</u>	Grade Point Equivalent
A+	90 – 100%	4.00
A B	80 – 89% 70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical	
U	placement or non-graded subject area. Unsatisfactory achievement in field/clinical	
	placement or non-graded subject area.	

### V. EVALUATION PROCESS/GRADING SYSTEM:

X A temporary grade limited to situations with

extenuating circumstances giving a student additional time to complete the requirements

for a course.

NR Grade not reported to Registrar's office.
W Student has withdrawn from the course

without academic penalty.

NOTE: Mid Term grades are provided in theory classes and clinical/field placement experiences. Students are notified that the midterm grade is an interim grade and is subject to change.

### VI. SPECIAL NOTES:

#### Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

Punctual and regular attendance at the various academic activities is required of all students. If there are extenuating circumstances bearing upon a student's absence, the instructor should be notified. Absences in excess of 20% may jeopardize receipt of credit for the course.

#### **LMS**

This course's Blackboard site, its features, and its contents are for the exclusive use of nursing students registered in this section of this course. The information contained herein is privileged and confidential. Any unauthorized use, dissemination, or copying is strictly prohibited.

#### VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located on the portal form part of this course outline.